

# 2025 – 2026 High School Bowling

## IHSA Season Calendar – IMPORTANT DATES

### \*\*\* Boys \*\*\*

<u>Event</u>	<u>Day</u>	<u>Date</u>	<u>Week</u>
Season Starts	Monday	Oct 27	17
Last Day Non-IHSA	Sunday	Nov 2	18
1 <sup>st</sup> Contest	Friday	Nov 7	18
LOP Due	Tuesday	Jan 13	28
Regional	Fri or Sat	Jan 16/17	28
Sectional	Saturday	Jan 24	29
State Finals	Friday – Saturday	Jan 30-31	30
Season End	Saturday	Jan 31	30

### \*\*\* Girls \*\*\*

<u>Event</u>	<u>Day</u>	<u>Date</u>	<u>Week</u>
Season Starts	Monday	Nov 17	20
Last Day Non-IHSA	Sunday	Nov 23	21
1 <sup>st</sup> Contest	Friday	Nov 28	21
LOP Due	Tuesday	Feb 3	31
Regional	Fri or Sat	Feb 6/7	31
Sectional	Saturday	Feb 14	32
State Finals	Friday – Saturday	Feb 20-21	33
Season End	Saturday	Feb 21	33

#### Reminder:

**3.106** To be eligible for a school team in a given sport, students must cease non-school practice and competition in that sport no later than seven (7) days after the date on which the school team engages in its first practice or tryout in that sport.

Therefore, students can continue to bowl in league/tournaments thru the weekend after the start of the season.

Boys can bowl up to and including **Sunday, November 2<sup>nd</sup>**

Girls can bowl up to and including **Sunday, November 23<sup>rd</sup>**

**5.052/5.202** Contest Limitations No Boys/Girls Bowling team representing a member school shall, in any one season, participate on more than **twenty-five (25) dates**, exclusive of the IHSA series.